

## **Eastern Southland Services**

### **Holiday period operating hours 2024/25**

#### **Gore Counselling Centre**

Last client facing day for the year on Thursday 19<sup>th</sup> December. And reopening for the new year on Wed 8<sup>th</sup> January @ 8.30am.

#### **Community Mental Health Team**

Apart from the public holiday days open weekdays as normal from 8.30am to 5 pm.

Ph: 03 2080299

For out of hours crisis response, please call 0800 46 78 46.

#### **Able Minds**

Last working day is the 20<sup>th</sup> of December & available again from the 13<sup>th</sup> of January.

Whanau support referrals can still be made through the website [www.able.org.nz](http://www.able.org.nz) any time. Referrals received over the closure period will be actioned on Jan 13<sup>th</sup>

#### **Connected Eastern Southland / Community Networking Trust**

The Centre will officially close at noon on Friday 20<sup>th</sup> December and reopen for usual services on Monday 13<sup>th</sup> January 2024. Referrals may be sent through using the standard form available from [www.cnt.org.nz](http://www.cnt.org.nz) or any enquires may be sent to [reception@cnt.org.nz](mailto:reception@cnt.org.nz)

Our service delivery team will take leave over this period.

Robyn Morris – Manager will be available as needed over this time should coordination and support be required for any suspected suicide notifications that may come in for the Eastern Southland area. [robyn.morris@cnt.org.nz](mailto:robyn.morris@cnt.org.nz) 0276346834

#### **Rural Support Trust**

Contact can be made via 0800 787 254 (8am-6pm) for any assistance required. Your enquiry will be on sent to the local Coordinator for follow up.

#### **Eastern Southland Public Health Nurses**

Close for festive season 19th December 2024, return to work 6th January 2025.

## Gore Community Corrections

Day/Date	Invercargill
Monday – 16 Dec	8:30 am to 5:00 pm
Tuesday – 17 Dec	8:30 am to 5:00 pm
Wednesday – 18 Dec	8:30 am to 6:30 pm
Thursday – 19 Dec	8:30 am to 5:00 pm
Friday – 20 Dec	8:30 am to 3:00 pm
Saturday – 21 Dec	All sites closed
Sunday – 22 Dec	All sites closed
Monday – 23 Dec	8:30 am to 3:00 pm
Tuesday – 24 Dec	8:30 am to 2:00 pm
Wednesday – 25 Dec	All sites closed
Thursday – 26 Dec	All sites closed
Friday – 27 Dec	All sites closed
Monday – 30 Dec	8:30 am to 3:00 pm
Tuesday – 31 Dec	8:30 am to 3:00 pm
Wednesday – 1 Jan	All sites closed
Thursday – 2 Jan	All sites closed
Friday – 3 Jan	8:30 am to 3:00 pm
Monday – 6 Jan	8:30 am to 5:00 pm

During the holiday period, for anything urgent we will stay open to normal business hours. This goes for all Community Corrections sites in Southland/Central Otago

## Gore Medical Centre

The Gore Medical Centre is the urgent doctor on Christmas Day and Boxing. We don't have a close down period, so open each weekday outside of the public holidays.

**Gore Health** is the urgent doctor on 1 and 2 January.

## Gore and Clutha Refuge

Crisis line available 24/7 - 03 2089333

## Ministry of Social Development (Work & Income Gore Branch)

The Gore site will be closed the statutory days, open Friday 27<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup> Dec – 10.00am till 2pm and Fri 3<sup>rd</sup> Jan 10.00 to 2pm, normal hours from Monday 6<sup>th</sup> January

## Victim Support

Over the Christmas period Victim Support will be operating as per normal with referrals being received from Police. Most things can be handled by phoning our contact service on 0800 842 846.

## **Te Iho Awhi Rito Social Service**

Closing date: Friday 20th December 2024 at 12.00pm

Opening date: Monday 6th January 2025 at 10.00am

### **ADL / Thrive Service**

Over the Christmas/New Year period we will only be offering a service enquiry and navigation service for young people, whānau and referrers on the non-stat days (see below). Referrals received over this period will be reviewed, processed, and responded to and a Clinician will be available for any enquiries. ADL can be contacted by calling 0800 292 988 (only on non-stat days).

**23-24 December - Clinical staff and admin contactable**

**25- 26 December - Closed (Stat days)**

**27 December - 30-31 December Clinical staff and admin contactable**

**1-2 January - Closed (Stat days)**

**3 January - Clinical staff and admin contactable**

**6-10 January - Clinical staff and admin contactable**

**13 January - normal services resume**

For young people and their whānau who are looking to source wellbeing information during this closedown period please direct them to our website: [www.thriveservices.org.nz](http://www.thriveservices.org.nz) where they can find self-help apps, advice for parents, Wellbeing eCoach videos and a calendar of Thrive online public events. For anyone wanting to talk with a Mental Health professional anytime please call the Helpline on 1737.

**For any mental health emergencies please contact your local Mental Health Crisis service:**

- **Southland, Otago and Central Lakes on 0800 467 846**